





**Theme:** Keeping Safe and being a good digital citizen when using APPs or websites

**Duration:** 2.5 hours

**Rationale:** To build on children’s previous knowledge and understanding of online safety and behaviour: how this relates to keeping us mentally healthy and how we should treat others online with a focus on an App/ website that the children in the year group may be using

**Supporting Scheme:** National Online Safety, Internet Matters, We are Future

			
Self awareness and value – Can identify their strengths and weakness and explain how these impact on learning.	Managing feelings – Can promote positive mental health.	Understanding feelings – Can express how they are made unique and feel things differently.	Managing feelings – Knows how to not negatively impact on relationships.

	Vocabulary	Knowledge	Resources	Enrichment	Reading
EYFS	<ul style="list-style-type: none"> <li>· YouTube</li> <li>· online</li> <li>· kind/ kindness</li> <li>· unkind</li> <li>· devices</li> <li>· trusted adult</li> <li>· worried</li> <li>· sad</li> <li>· scared</li> <li>· confused</li> <li>· speak out</li> </ul>	<p><b><u>App/ website: YouTube</u></b></p> <ul style="list-style-type: none"> <li>• <b><u>That if I ever feel worried, sad, scared or confused about anything that I see or hear on YouTube, I should tell a trusted adult</u></b></li> <li>• <b><u>That we should always be kind to others when we are online, just as Jesus teaches us to do offline</u></b></li> </ul> <ul style="list-style-type: none"> <li>- Remind children that when we play games on devices, watch YouTube and use the internet that they are ‘online’</li> <li>- They will know that people from all over the world have access to the same apps and can watch the same videos as us on YouTube (world wide web)</li> <li>- Children know that the internet and being online is fun and enjoyable (and can share their own experiences of using YouTube)</li> <li>- That when we watch videos on YouTube we must treat others with kindness</li> <li>- That we should try and use YouTube Kids as a way of watching videos online because all of the content has been carefully selected and approved for younger views.</li> <li>- Ask who uses YouTube Kids? Ask who uses normal YouTube?</li> </ul>	<p><a href="#">Cyber Safe Internet Safety Song - YouTube</a></p>	<p>Upload video links to school website and Class Dojo for parents to watch:</p> <p><a href="#">How to keep kids safe on Roblox - YouTube</a></p> <p><a href="#">The Problem with Parents, Kids, and Social Media - YouTube</a></p>	

		<ul style="list-style-type: none"> <li>- That if we use YouTube we must be aware that anyone from around the world can post videos and content and that this can be watched by adults as well as children</li> <li>- That every second, 400 hours of video content is uploaded to YouTube and that a lot of this is not suitable for children</li> <li>- That YouTube doesn't ask you how old you are and will assume that you can watch any video</li> <li>- That we should not say unkind things to others online</li> <li>- That being unkind to someone online can be a form of bullying</li> <li>- That if you say something unkind online it will upset that person, even if you can't see them.</li> <li>- That sometimes other people online can say unkind things and that if we see or hear things whilst watching YouTube that might make us feel worried, sad, scared or confused, we should tell a trusted adult</li> <li>- That our trusted adults will help us to stay safe and happy online just like they do in the real world</li> </ul>			
<p><b>Year 1 and Year 2</b></p>	<ul style="list-style-type: none"> <li>· YouTube</li> <li>· YouTube Kids</li> <li>· Reporting</li> <li>· Content</li> <li>· online</li> <li>· offline</li> <li>· digital</li> <li>· kindness</li> <li>· respect</li> <li>· balance</li> <li>· Screen time</li> <li>· activities</li> <li>· positivity</li> <li>· emojis</li> <li>· liking</li> <li>· messages</li> <li>· comments</li> <li>· trusted adult</li> <li>· artificial light</li> </ul>	<p><b><u>App/ website: YouTube</u></b></p> <ul style="list-style-type: none"> <li>• <b><u>That if I ever feel worried, sad, scared or confused about anything that happens online, I should tell a trusted adult and 'report' the video</u></b></li> <li>• <b><u>That I should show 'digital kindness' and respect to others when online, just as Jesus teaches us to do when we are offline</u></b></li> <li>• <b><u>That a balance of screen time is important and that there are other offline activities that I can do</u></b></li> </ul> <ul style="list-style-type: none"> <li>- That we should try and use YouTube Kids as a way of watching videos online because all of the content has been carefully selected and approved for younger views.</li> <li>- Ask who uses YouTube Kids? Ask who uses normal YouTube?</li> <li>- That if we use YouTube we must be aware that anyone from around the world can post videos and content and that this can be watched by adults as well as children</li> <li>- That every second, 400 hours of video content is uploaded to YouTube and that a lot of this is not suitable for children</li> <li>- That YouTube doesn't ask you how old you are and will assume that you can watch any video</li> </ul>	<p><a href="#">ONLINE SAFETY SONG (Be Safe Online) Lyric Video - YouTube</a></p>		

		<ul style="list-style-type: none"><li>- When we are online on YouTube, we must be kind to others – in what we say or write</li><li>- Digital kindness is treating others as we would want to be treated online</li><li>- We can show respect to others whilst online using YouTube by also thinking about how we would want to be treated by someone else</li><li>- That we can pass on positivity by saying kind things and making kind comments – you could do this by ‘liking’ videos, positive emojis and writing kind and positive messages or comments for others to read about their videos</li><li>- That we should be there for our friends if they experience someone being unkind to them or saying unkind things online. If this happens, you should help your friend by telling a trusted adult</li><li>- That if you watch a video on YouTube that makes you feel sad, upset, scared or worried, you should tell a trusted adult</li><li>- That if you watch a video that makes you feel sad, upset, scared or worried, you can report the video to YouTube by clicking the three dots under the video and then clicking ‘Reporting’ next to a flag image. Do this with an adult.</li><li>- That when you report a video, people who work for YouTube will look at this video and take it down, or remove the person from making more content if they think that it is inappropriate.</li> <li>- That there are a lot of great ways to use the internet – games, research, reading, messaging, videos</li><li>- That we should have a healthy balance of screen time</li><li>- That spending too long on a device or looking at a screen is damaging to our health</li><li>- That a balance of screen time helps to keep our mind and body healthy and happy</li><li>- That spending too much time online can mean we miss spending time with friends and family, which might result in feeling lonely or sad</li><li>- That looking at screens (artificial light) too close to bedtime (at least 1 hour before) can stop you falling asleep</li><li>- That it is important for us to recognise the way we feel when we have too much screen time so we can make the right choice to stop.</li></ul>			
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<p><b>Year 3, Year 4 and Year 5</b></p>	<ul style="list-style-type: none"> <li>· Roblox</li> <li>· Passwords</li> <li>· bait</li> <li>· Con</li> <li>· Taking advantage</li> <li>· online identity</li> <li>· Responsible</li> <li>· Online/ digital citizen</li> <li>· online</li> <li>· abuse</li> <li>· respect</li> <li>· Empathy</li> <li>· communicating</li> <li>· positivity</li> <li>· Reporting</li> <li>· Trusted adult</li> </ul>	<p><b><u>App/ website: Roblox</u></b></p> <ul style="list-style-type: none"> <li>• <b><u>That I know how to use Roblox, keeping myself and others in the online community safe and happy</u></b></li> <li>• <b><u>That I should show empathy and respect towards others to ensure that I am being kind online, just as Jesus teaches us to do when we are offline</u></b></li> <li>• <b><u>That if I ever feel worried, sad, scared or confused about anything that happens online and on Roblox, I should tell a trusted adult</u></b></li> </ul> <ul style="list-style-type: none"> <li>- That Roblox is an online game/ app</li> <li>- That Roblox has an online community of online gamers</li> <li>- That this community is made up of all ages – children and adults and that there are no are restrictions</li> <li>- That Roblox uses avatars – an online character to represent you</li> <li>- That you can spend real money to buy the Roblox currency - Robucks</li> <li>- That you can message and chat to other players</li> <li>- That you can make a friends list</li> <li>- That anyone can message anyone</li> <li>- That you don't always know who you are talking to and that people might not be who they say they are online</li> <li>- That you have passwords on your account to keep them safe</li> <li>- That there are people online who can try and trick you and con you – Robucks</li> <li>- That you must keep your identity a secret</li> <li>- That you must be a good online citizen when using Roblox and what this might look like</li> <li>- That you should always tell a trusted adult if you or a friend feels sad, unsafe or receives any unkind messages or comments online. If you can, take a screenshot of the message for evidence.</li> <li>- That you can and should report people on Roblox, if they are not being a good online citizen.</li> </ul>	<p><a href="#">Roblox Safety Tip 1 - Passwords - YouTube</a></p> <p><a href="#">Roblox Safety Tip 2 - Don't take the bait - YouTube</a></p> <p><a href="#">Roblox Safety Tip 3 - Keep your identity a secret - YouTube</a></p> <p><a href="#">Roblox Safety Tip 4 - Take the high road - YouTube</a></p> <p><a href="#">Roblox Safety Tip 5 - See something say something - YouTube</a></p>		

<p>Year 6</p>	<ul style="list-style-type: none"> <li>· online</li> <li>· TikTok</li> <li>· Whatsapp</li> <li>· Snapchat</li> <li>· Instagram</li> <li>· Age restrictions</li> <li>· Social media</li> <li>· online communities</li> <li>· digital citizen</li> <li>· empathy</li> <li>· respect</li> <li>· links</li> <li>· content</li> <li>· digital footprint</li> <li>· Trusted adult</li> </ul>	<p><b><u>App/ website: TikTok, WhatsApp, Snapchat, Instagram</u></b></p> <ul style="list-style-type: none"> <li>• <b><u>That when using social media apps and online communities, I know how to keep myself safe and know what is appropriate online behaviour</u></b></li> <li>• <b><u>That I should be a responsible digital citizen by show empathy and respect towards others when online, just as Jesus teaches us to do when we are offline</u></b></li> <li>• <b><u>That I have a digital footprint</u></b></li> <li>• <b><u>That if I ever feel worried, sad, scared or confused about anything that happens online, I should tell a trusted adult</u></b></li> </ul> <ul style="list-style-type: none"> <li>- That social media apps are online global communities where you can share, upload content, watch videos and communicate with friends and others around the world</li> <li>- That there are age restrictions for social media apps and the reason behind this is to keep you safe</li> <li>- That being a digital citizen means that you have a responsibility to treat others just as you would in the offline world – always remember Jesus’ golden rule</li> <li>- That there are rules that we should follow to keep ourselves safe on social media websites</li> <li>- That we should keep our personal information private</li> <li>- That we should not click on links from untrusted sources</li> <li>- That we all have a digit footprint, which stays with us</li> <li>- That if you ever feel unsure, sad, worried or confused by anything whilst using these sites, you should tell a trusted adult</li> <li>- That you can report anyone that makes you feel unhappy and if they have shared or posted content that you don’t think is appropriate.</li> </ul>	<p><a href="#">Navigating Teen Life: Social Media Safety - YouTube</a></p> <p><a href="#">Safe Web Surfing: Top Tips for Kids and Teens Online - YouTube</a></p> <p><a href="#">5 Social Media Rules for Teens &amp; Tweens - YouTube</a></p>		
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