Theme: Online Safety

Duration: 5.5 hours

Rationale: To build children's knowledge and understanding of online safety and behaviour and how this relates to keeping us mentally healthy.

Supporting Scheme: Thinkuknow, NSPCC Online Safety for children

Self awareness and value – Can identify their strengths and weakness and explain how these impact on learning.	Managing feelings – Can promote positive mental health.	Understanding feelings – Can express how they are made unique and feel things differently.	Managing feelings – Knows how to not negatively impact on relationships.

	Vocabulary	Knowledge	Resources	Enrichment	Reading
EYFS	· online · safe · trusted adult · worried · sad · scared · confused · speak out · help · voice · feeling · share	**• That if I ever feel worried, sad, scared or confused about anything that happens online, I should tell a trusted adult** - Children know that when we play games on devices, watch YouTube and use the internet that they are 'online' - They will know that people from all over the world have access to the same apps and can watch the same videos as us (world wide web) - Children know that the internet and being online is fun and enjoyable (and can share their own experiences) - That sometimes we can see or hear things online that might make us feel worried, sad, scared or confused - They will know that if this happens, they should tell a trusted adult - That our trusted adults will help us to stay safe and happy online just like they do in the real world	Jesse and friends Episode 1: [Jessie & Friends Ep 1 Watching Videos (4-5 years) - YouTube](#)	Whole school top tips for staying safe online. At the end of the day, each class will discuss and agree on the one piece of advice that they have taken away from the learning. With the children fully involved, the teacher will compose an email to Mr. Tunn with their one top tip. Mr. Tunn will compile the list and share on the 'School Story' on Class Dojo and share	
Year 1 and Year 2	· online · safe · trusted adult · worried · sad · scared · confused · speak out	**• That if I ever feel worried, sad, scared or confused about anything that happens online, I must tell a trusted adult** **• That the internet is fun but like the real world there are rules to keep me safe online** - That rules are there in place to keep us safe and happy - That we also have rules to follow to keep us safe and happy when we are online too	Year 1: Jesse and friends Episode 2: [Jessie & Friends Ep 2 Sharing Pictures (5-6](#)		

	· help · voice · feeling · share · rules · meet/ing · accepting · reliable · tell	- SMART rules to remember when online to keep me safe: - S – Don't give out personal information to people I don't know - M – Don't meet up with someone you met online - A – Don't accept files, pictures, messages from people I don't know - R – Is the person or website reliable and telling the truth - T – Tell someone if you feel unsafe online - Know that online logins and passwords should only be shared with trusted adults - That some people may not be who they say they are online	years) - YouTube Year 2: Jesse and friends Episode 3: Jessie & Friends Ep 3 Playing games (6-7 years) - YouTube	with Mr. Donald to add to the school's Facebook page.
Year 3 and Year 4	· online · safe · trusted adult · worried · sad · scared · confused · speak out · help · voice · feeling · share · rules · meet/ing · accepting · reliable · tell · dangers · consequences · personal information · technology · cyberbullying · report · social media	**• That if I ever feel worried, sad, scared or confused about anything that happens online, I must tell a trusted adult** **• That the internet is fun but like the real world there are rules to keep me safe online** **• That there are potential dangers and consequences to sharing personal information online** **Year 4 only** **• That bullying through the use of technology is called 'cyberbullying' and how to report it to keep yourself safe and happy** - Children will be taught to identify personal information about themselves and others – login details, passwords, real name, DOB, place of birth, address, school, hobbies, likes, dislikes - That there are many potential dangers whilst being online and the consequences of sharing personal information: invasion of privacy, identity theft (someone pretending to be you online), strangers knowing to much about you and cyberbullying Cyberbullying - That bullying through the use of technology is called cyberbullying, including: computers, tablets and phones - Bullying is hurting someone on purpose; over and over again - That cyberbullying can happen in many different ways including: messages online, whilst playing games (verbal on a headset), group chats, live streaming video chats, sharing or editing images that a	Year 3: Band Runner Videos: Thinkuknow 8-10s Year 4: CBBC Lifebabble - Cyberbullying - YouTube	

		person didn't want you to, 'liking' things to make someone feel bad etc. - That cyberbullying is as unkind as bullying and that sometimes children can find it difficult to escape from, as it can happen anywhere and anytime when using devices Reporting - That, just like if you were being upset or made to feel unhappy or unsafe in the real world, the first thing that you should do is to tell a trusted adult and show them what has been said, written or done online - Screenshot messages, images etc. as evidence - That there are ways of reporting cyberbullying online – reporting a person or player through game or app by clicking on 'report' - That websites and apps will often block users from playing/ using the app, if they are deemed to be being abusive and/ or bullying online - That the CEOP report abuse button can be clicked to report abuse to the police by anyone at any time. Please note that all reports of abuse are treated as a crime and taken very seriously 			
Year 5 and Year 6	· online · safe · trusted adult · worried · sad · scared · confused · speak out · help · voice · feeling · share · rules · meet/ing · accepting	• **That if I ever feel worried, sad, scared or confused about anything that happens online, I must tell a trusted adult** • **That the internet is fun but like the real world there are rules to keep me safe online** • **That there are potential dangers and consequences to sharing personal information online** • **That bullying through the use of technology is called 'cyberbullying' how to report it to keep yourself safe and happy** • **That cyberbullying is a form of emotional abuse and the negative effects that it can have on children** • **That I can evaluate whether websites, social media apps, games and videos are appropriate for me and that my choices can keep me safe** Cyberbullying	CBBC Lifebabble - Cyberbullying - YouTube Protect Yourself Rules - Cyber Bullying - YouTube		

	· reliable · tell · dangers · consequences · personal information · technology · cyberbullying · report · age ratings · evaluate · appropriate · choice · evaluate · social media · anxiety · worthlessness · Empathy · Emotional abuse	- That bullying through the use of technology is called cyberbullying, including: computers, tablets and phones - Bullying is hurting someone on purpose; over and over again - That cyberbullying can happen in many different ways including: messages online, whilst playing games (verbal on a headset), group chats, live streaming video chats, sharing or editing images that a person didn't want you to, 'liking' things to make someone feel bad etc. - That cyberbullying is as unkind as bullying and that sometimes children can find it difficult to escape from, as it can happen anywhere and anytime when using devices Reporting - That, just like if you were being upset or made to feel unhappy or unsafe in the real world, the first thing that you should do is to tell a trusted adult and show them what has been said, written or done online - Screenshot messages, images etc. as evidence - That there are ways of reporting cyberbullying online – reporting a person or player through game or app by clicking on 'report' - That websites and apps will often block users from playing/ using the app, if they are deemed to be being abusive and/ or bullying online - That the CEOP report abuse button can be clicked to report abuse to the police by anyone at any time. Please note that all reports of abuse are treated as a crime and taken very seriously Emotional abuse and effects on a child - That cyberbullying can be: Verbal – name calling and nasty things said about them or their family Emotional – making threats, undermining, excluding someone from a game or group chat, voting for someone in an abusive poll, hate sites or groups about a child, fake accounts, hijacking or stealing			

| | | online identities to embarrass a young person or cause trouble for them, 'trolling' is sending menacing or upsetting messages on social networks, chat rooms or online games
- That cyberbullying, just like bullying in the real world can affect a child:
- Performance and attendance at school
- Concentration
- Online bullying can happen all the time, even at home, in your bedroom or traveling on the bus/ car – this makes it harder to cope with because it can be constant and there is no escape
- You may not even know who it is, as the bully could be using a fake name/ account/ pretending to be someone else | | | |