





Theme: Sun Safety

Duration: 2 hours

Rationale: To build children’s knowledge and understanding of how to stay safe in the sun

Supporting Scheme: Sun Safe Schools documentation and website

			
Responsibility – Takes responsibility and asks for help where needed.	Compassion – Recognises behaviours impacting on others.	Problem solving – Can ask and answer questions.	Compassion – Strives to make things better.

	Vocabulary	Knowledge	Enrichment	Reading
EYFS	<ul style="list-style-type: none"> · weather · cold · hot · warm · sun · cover · harmful · burn · sunscreen · brimmed hat · shade · sunglasses 	<ul style="list-style-type: none"> · Know that we wear different clothes for different weather. · When it is cold, we should wear warm, thick clothes · When it is hot, we should wear light clothes. · It is important to cover up in the sun. · The sun is nice and needed for lots of things, such as growing plants. · The sun can also be harmful. · We should protect ourselves in the sun. · Slip – Put on clothing, making sure shoulders and upper arms are covered to prevent burning. · Slop – Slop on good quality sunscreen regularly. · Slap – Slap on a broad brimmed hat, that will shade your face, neck, ears and cheeks. · Sunglasses – protect your eyes from bright light · Shade – Seek shade, particularly during the hottest parts of the day (11am – 3pm) 	<ul style="list-style-type: none"> KS1 lessons – 1 Slip, Slop, Slap song Clothes for weather Shade spotting 	Labels
Year 1	<ul style="list-style-type: none"> · weather · cold · hot · warm · Protect · Cool · animals · skin · sun · harmful · burn 	<ul style="list-style-type: none"> · Animals protect themselves in different ways from the sun · Animals keep warm/cool in different ways <ul style="list-style-type: none"> - flap ears - fill trunk - put sand or dirt on their back · We protect ourselves from the sun. · Slip – Put on clothing, making sure shoulders and upper arms are covered to prevent burning. · Slop – Slop on good quality sunscreen regularly. · Slap – Slap on a broad brimmed hat, that will shade your face, neck, ears and cheeks. · Sunglasses – protect your eyes from bright light · Shade – Seek shade, particularly during the hottest parts of the day (11am – 3pm) 	<ul style="list-style-type: none"> KS1 lessons – 2 Guess the animal game. Slip, Slop, Slap song 	Labels

	<ul style="list-style-type: none"> · sunscreen · brimmed hat · shade · sunglasses 			
Year 2	<ul style="list-style-type: none"> · UV · radiation · sunlight · clothing · rays · distance · atmosphere · forecast · protection · burn · monitor 	<ul style="list-style-type: none"> · UV radiation is present in sunlight. · Some clothes protect you from UV – swimming costumes, sunglasses etc. · UV tends to be higher in the summer months · In the early morning and later afternoon, the sun’s rays travel a greater distance through the atmosphere and UV is greatly reduced · UV levels are shared in weather forecasts · You should increase your protection when UV is higher – Sun cream, sun hat, sunglasses etc · Sun cream works differently for different people – if you are fair, red and blond haired people with freckles burn faster. · UV levels can be monitored 	<p>KS1 lessons 3</p> <p>Weather forecasts</p> <p>UV monitors</p>	Information texts
Year 3	<ul style="list-style-type: none"> · Skin · body · organ · functions · live · senses · absorb · sunlight · vitamin d · regulate · temperature · damage · protection · layers 	<ul style="list-style-type: none"> · We all have skin · Skin covers our entire body and keeps the good stuff in and bad stuff out · Skin is an organ, just like the heart or the brain · It’s an important organ that performs many functions to enable us to live – sweating · Skin houses one of our five senses – touch · Skin absorbs sunlight for vitamin D and heat and regulates our internal temperature · Skin can be damaged in different ways – Cuts, bruises, burn · Sunburn – damage can include spots, wrinkles and lines but some damage might not appear straight away. · If we have too much sun and do not protect ourselves, it can make us poorly – burn, sunstroke. · There are 3 layers of skin · To protect our skin, we should cover up and use sun cream. · Skin changing colour can be a sign of damage. 	<p>KS1 lesson 4</p> <p>Sweat investigation</p>	Information texts
Year 4	<ul style="list-style-type: none"> · beneficial · harmful · living things · sunburn · skin · eyes · damage · light 	<ul style="list-style-type: none"> · Sun has beneficial and harmful effects for living things · sun exposure causes sunburn, skin and eye damage · Sun is necessary for life · Good things about the sun: <ul style="list-style-type: none"> - gives us light - helps plants grow - makes vitamin D - Keeps us warm 	<p>KS2 – lesson 2</p> <p>Sun experiment</p>	Leaflets

	<ul style="list-style-type: none"> · grow · vitamins · germs · sunburn · damage · wrinkles · UV 	<ul style="list-style-type: none"> - makes us feel good/ happy - kills germs · Bad things about the sun: <ul style="list-style-type: none"> - causes sunburn - can cause skin illnesses - causes eye damage - gives us wrinkles - produces ultraviolet radiation (UV) 		
Year 5	<ul style="list-style-type: none"> · shade · indoors · outdoors · avoid · direct · sunlight · darkness · coolness · shelter · natural · man made 	<ul style="list-style-type: none"> · We should stay indoors or in the shade at certain times of day to avoid skin and eye damage · We should be shade aware and establish where there is shade in the playground at different points in the day. · Shade is where there is darkness and coolness caused by shelter from direct sunlight · Shade can move because of the sun appearing to move across the sky · Shade can be created by buildings, trees, umbrellas etc · Shade can be natural or man made · If the sun is bright, we should regularly go into the shade. 	<p>KS2 – Lesson 3</p> <p>Shade signs Shade investigations</p>	<p>Leaflets</p>
Year 6	<ul style="list-style-type: none"> · materials · rays · protection · shade · block · clothing · sun shades · monitor · sunstroke · headache · sickness 	<ul style="list-style-type: none"> · know different materials create different protection · sun shades help to protect from the sun by blocking the sun's rays · Sun shades come in different forms – car shields, · some shades block out all the sun, some allow some to come through it. · Clothing can protect us · Not all areas of our body are always protected. · If it is not protected by clothing or shade, sun cream should be worn. · If sun is not blocked, it can cause immediate damage and also future damage. · You should monitor your skin and speak to the doctor if there are any changes. · If we have too much sun, it can make us sick – Sunstroke, headache, sickness 	<p>KS2 – Lesson 4</p> <p>Make different sunshades.</p>	<p>Leaflets</p>