# Enjoy a Healthy School Meal this Summer 

## How to Order: Online www.kingswoodcatering.co.uk

You have until Wednesday at midnight to order for the next week - just register, log on, order and pay - simple. Please note there is a 10 p administration fee for using this service.
If you are not able to order via the internet please give our office a call on 01536 201203 between 9am and 4.30pm so that we can arrange an alternative ordering method for you. Children entitled to Free Meals can make a choice and order online The price of a school dinner is $£ 2.30$ per day or $£ I I .50$ per week.

Special Offer: 3 children for the price of 2 on full weeks. Please ring our office 01536201203 for details

> Orders for the start of the term can be placed up to midnight on Wednesday of the week before the children are due to have meals. Unfortunately if you miss the order cut-off date we are unable to accept late orders.

If you have any difficulties ordering online please contact our office and we will try to help.
We will do everything possible to provide the menu published, although occasionally there may be unforeseen circumstances which might result in a change to the menu without any notification. Drinking water and plain wholemeal bread is available daily. Some products may contain small bones. We do not use nuts in any of our recipes and our production kitchens are nut free, however we cannot guarantee that all the products purchased from our manufacturers have been made in a nut free environment. All fish products are from a sustainable source. Please see 'more information' on our website menus for allergen information.

Cancellation - if your child is not in school we are not able to offer a meal credit unless we have been informed by midnight the day before.
Please contact our Office on 01536201203 or email: enquiries@kingswoodcatering.co.uk

011 Weeks commencing:
16/06/2018 25/06/2018

|  | Choose one of the following delicious meals | MONDAT | TUSEDAT | WEDNSEDAY | THUREDAY | Fildat |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Main Meal | Pork Meatballs with Tomato Sauce Wholemeal Pasta Sweetcorn | Cheese and Tomato Pizza Baked Beans | Chicken Tikka <br> Naan Bread Rice Mixed Vegetables | Roast Turkey Fillet with Gravy Roast Potatoes Yorkshire Pudding Diced Carrots | New Harry Ramsden Seaside Salmon Fillet Chips Garden Peas |
| 2 | Vegetarian Alternative | Quorn Swedish Balls in Tomato Sauce Wholemeal Pasta Sweetcorn | New Giant Cous Cous with Spring Vegetables and Quorn | Sweet Potato and Vegetable Tikka Naan Bread Rice Mixed Vegetables | Roast Quorn Fillet in Gravy Roast Potatoes Yorkshire Pudding Diced Carrots | Cheese \& Pepper Quiche Chips Garden Peas |
| 3 | Picnic Lunch | Tuna Mayonnaise Sandwich | Houghton Ham in a Soft Roll | Cheddar Cheese Roll | Houghton Ham Sandwich | Sliced Cheddar Cheese Sandwich |
| 4 | Hot Pot or Salad | Chicken and Tomato Pasta Hotpot | New Mac and Cheese Hotpot | New SUMMER SALAD Chilled BBQ Chicken Strips with Rice Salad | New CHILLED SUMMER WRAP \& SALAD. Caesar Chicken Salad in a Beetroot Wrap | New SUMMER SALAD Chilled Tuna in a Lemon Dressing Salad |
| 5 | Jacket Potato | Jacket Potato and Cheese | Jacket Potato and Tuna Mayonnaise | Jacket Potato with Baked Beans | Jacket Potato and Cheese | Jacket Potato and Baked Beans |

Every picnic lunch includes fruit from the bowl, snack items and water

| Pudding | New <br> Organic Fruit Ice Lolly | Melon and <br> Pineapple Platter | New French Butter Crepe <br> with Syrup | Fruit Flavoured Yoghurt | Shrewsbury Biscuit |
| :--- | :---: | :---: | :---: | :---: | :---: |


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| 1 | Main Meal | Chicken Sausages Herb Potatoes Baked Beans | Beef Bolognaise Pasta Mixed Vegetables | Breaded Chicken Fillet with Sweet Chilli Dip Rice Sweetcorn | Roast Beef Slice and Yorkshire Pudding Gravy Roast Potatoes Diced Carrots | Harry Ramsden's Fish in Batter Chips Garden Peas |
| 2 | Vegetarian Alternative | Quorn Frankfurter Herb Potatoes Baked Beans | Minced Quorn <br> Bolognaise Pasta Mixed Vegetables | Butternut Squash Samosa and Dip Rice Sweetcorn | Roast Quorn Fillet in Vegetable Gravy Roast Potatoes Yorkshire Pudding Diced Carrots | Plain Omelette Chips Garden Peas |
| 3 | Pienic Lunch | Tuna Mayonnaise Sandwich | Houghton Ham in a Soft Roll | Cheddar Cheese Roll | Houghton Ham Sandwich | Sliced Cheddar Cheese Sandwich |
| 4 | Hot Pot or Salad | Chicken and Tomato Pasta Hotpot | New Mac and Cheese Hotpot | New SUMMER SALAD Chilled Ham Salad with Giant Cous Cous | New CHILLED SUMMER <br> WRAP \& SALAD <br> BLT in a Pumpkin Wrap with Mixed Salad | New SUMMER SALAD Chilled Mixed Bean and Tomato Pasta Salad |
| 5 | Jacket Potato | Jacket Potato and Cheese | Jacket Potato and Tuna Mayonnaise | Jacket Potato and Baked Beans | Jacket Potato and Cheese | Jacket Potato and Baked Beans |

Every picnic lunch includes fruit from the bowl, snack items and water

| Pudding | New Organic Fruit <br> Ice Lolly | Melon and <br> Pineapple Platter | New Sweet American <br> Pancakes \& Honey | Guilsborough Biscuit | Iced Carrot Cake |
| :--- | :---: | :---: | :---: | :---: | :---: |

Weeks commencing:
18/06/2018 09/07/2018

## (20020)

## Choose one of the following

 delicious meals
## Main Meal

| Vegetarian | New Louisiana <br> Quorn Pasta <br> Sweetcorn | Linda McCartney <br> Sausage <br> Herb Potatoes <br> Baked Beans |
| :--- | :---: | :---: |
| Picnic Lunch | Tuna Mayonnaise <br> Sandwich | Houghton Ham <br> in a Soft Roll |
| Hot Pot or Salad | New BBQ Bean and <br> Potato Hotpot | New Mac and <br> Cheese Hotpot |
| Jacket Potato | Jacket Potato <br> and Cheese | Jacket Potato and <br> Tuna Mayonnaise |

$\left.\begin{array}{|c|c|}\text { New } \\ \text { Mild Beef Chilli } \\ \text { Rice } \\ \text { Mixed Vegetables }\end{array} \quad \begin{array}{c}\text { Roast Chicken in Gravy } \\ \text { Roast Potatoes } \\ \text { Yorkhire Padding } \\ \text { Diced Carrots }\end{array}\right\}$
Bubble Coated Fish Bites
Chips
Garden Peas
Plain Omelette
Chips
Garden Peas
Sliced Cheddar Cheese
Sandwich
New SUMMER SALAD
Chilled Tuna Mayonnaise
Pasta Salad
Jacket Potato and
Baked Beans

New SUMMER SALAD
Chilled Tuna Mayonnaise Pasta Salad Baked Beans

Every picnic lunch includes fruit from the bowl, snack items and water

