



St Thomas More Catholic Primary School



*“Try to be like Jesus in all that
we think, do and say”*

What is Prayer?

Prayer is an important part of your child's Catholic faith. With prayer, your child will be able to form a strong relationship with God by spending time sharing worries and giving thanks. Remember, that while prayer can be an important part of formal worship, we can pray to God at any time just like talking to a best friend.

The Holding Cross

At the start of your child's school journey with us, they will receive a holding cross. By encouraging your child to hold the cross during prayer, they will be reminded that Jesus is alive when we pray.



The Sign of the Cross

Please encourage your child to make the Sign of the Cross before and after prayer.



Our School Prayer

Loving Father,

*Thank you for our school, family, friends and all
who help me to be the best that I can be.*

*Help me to make the right choices,
as I learn, love, pray and play at St Thomas More.*

Guide me to live my life as you want me to.

I know that you are always there for me.

St Thomas More - Pray for us.

Our Lady Immaculate - pray for us.

Amen.




EVFS Prayer

*Two little eyes to look to God,
Two little ears to hear His word,
Two little feet to walk in His ways,
Two little lips to sing His praise,
Two little hands to do His will,
And one little heart to love Him still.*



Lunchtime Prayer

*Each day, your child will say this
prayer before they eat their
lunch.*



*Thank you for the world so
sweet,*

*Thank you for the food we
eat,*

*Thank you for the birds
that sing,*

*Thank you God for
everything.*

Amen

End of the day Prayer

*Try to be like Jesus in all that we think,
do and say.*

Prayer before bedtime

*God Our Father, I have come to say,
Thank you for your love today,
Thank you for my family,
And all the friends you give to me,
Guard me in the dark of night,
And in the Morning send your light.
Amen.*

*Please also encourage your child to talk
with you, and form their own prayers
to God in their own special way!*



Hail Mary

Hail Mary, full of grace

The Lord is with thee.

*Blessed art thou among women
and blessed is the fruit of thy womb, Jesus.*

Holy Mary, Mother of God,

*Pray for us sinners,
now and at the hour of our death,*

Amen



Our Father



*Our Father, Who art in Heaven,
Hallowed be thy name,
Thy Kingdom come,
Thy will be done,
On Earth as it is in Heaven.
Give us this day our daily bread,
And forgive us our trespasses,
As we forgive those who trespass against
us,
And lead us not into temptation,
But deliver us from evil,
Amen*

*Finally, something for your child to
decorate and reflect on with you....*



*With blessings
from all at
St Thomas More
Catholic
Primary School.*