





	Autumn Terr	m 1	Autu	ımn Term 2	Spring Term	n 1	Spr	ing Term 2	Summer Te	rm 1	Sum	mer Term 2
	7 weeks		6.	5 weeks	6 weeks 2 da	ays		5 weeks	6 week	S	7	.5 weeks
RE 'Come and See'	Families	Belor	nging	Waiting	Special People	Me	eals	Change	Holydays and holidays	Being	Sorry	Neighbours
School theme	'Lights, Camera, Action!'		'Ste	'Step Back In Time'		'Colourful Cultures'						
Topic focus	Traditional Tales		Rule Britannia!		Amazing Africa							
English	Fiction: Labels and Captions – Pig houses (2 wee Character Description – Giant (3 weeks Postcard (2 weeks) – Little Red Riding Hoe	eks) s)	Fictio Letter weeks	– Santa (2	Fiction: Story (retell/ changes) (3 weeks)		weeks 1.Sen descri 2.Sen	iption (3 s) tence(s) to ibe. tence(s) to ibe – change	Fiction: Stories from range of cultures - Speech and Thought Bub		Fiction Retell Poetry poem	y – theme
	Key Texts: Jack and the Jellybean Stalk Pigs Might Fly		Man	exts: ingerbread the Shelf	Key Texts: Queen Victori Knickers – Nic Allen			exts: Queen's Hat rley Hughes	Key Texts: Mama Panya Pancakes The Lion Insi		Key T e	exts: a's Surprise





	Little Red Riding Hood					
	Non- Fiction: Labels, lists, captions	Non- Fiction: Instructions – Ginger bread man (3 weeks)	Non- Fiction: Recount (2 weeks) – Victorian School Day	Non- Fiction: Travel Guide (3 weeks) – Travel to London	Non- Fiction: Explanation text: How to stay safe in the African sun	Non- Fiction: Non chronological report – Woburn Safari
	Factual books about animals and weather	Selection of instructions from different things		Factual books about Elizabeth II and Victoria	Factual books about seasons and weather	Factual books about Africa and animals A is for Africa
		Poetry • Memorize and Recite Christmas Poetry (1 week)	Poetry Scaredy Squirrel A three line poem (minimum) about Scaredy Squirrel. (1 weeks) A three line poem (minimum) about being scared.			Poetry Shape poem – African animal
SPaG	Basic punctuation Capital Letters Adjectives	Basic Punctuation Capital Letters Nouns	Verbs -ing -ed	Adverbs -ly -est	Time Adverbs Compound words -un	Plurals -s -es





				-er		Contractions
						Exclamation
						marks
Maths	Number: Place Valu	e within 10 (5	Number: Place Valu	ie within 20 (3	Number: Multiplica	tion and Division (3
	weeks)		weeks)		weeks)	
	within 10 (5 weeks)		Number: Addition a	and Subtraction	Number: Fractions	(2 weeks)
			within 20 (3 weeks)		Geometry: Position	and Direction (1
			Number: Place valu	e within 50 (2	week)	
			weeks)		Number: Place valu	e within 100 (2
			Measurement: Leng	gth and Height (2	weeks)	
			weeks) Measurement: Mass and Volume (2		Measurement: Money (1 week)	
					Measurement: Time	e (2 weeks)
			weeks)			
	Animals Including	Seasonal Changes	Seasonal Changes	Everyday	Plants – Which	Seasonal Changes
	Humans - Why	(Autumn to	(Spring) – Are	Materials - What	birds and	– (Summer) – Is
	are humans	Winter) – Why	clouds always	do	plants would	the sun only out
	not like Bog	can penguins not	white? (Little	aliens	Peter Rabbit find	in summer?
	Babies? (The Bog	live in the desert?	Cloud – Anne	think of life on	in our local	(At the Beach –
Science	Baby)	(Lost and Found)	Booth)	planet Earth?	area? (Peter	Roland Harvey)
Science				(Beegu)	Rabbit	Scientist: Holly
	Scientist: Chris	Scientist: Holly	Scientist: Aisling	Scientist: Charles	The Rabbit	Green
	Packham (Animal	Green	Creevey (Weather	Mackintosh	Problem)	(Meteorologist)
	Conservationist)	(Meteorologist)	Reporter)	(Waterproof coat)		
					Scientist: Beatrix	• I can observe
	I can name a	• I can observe	• I can observe	I can distinguish	Potter	and comment on
	variety of animals	and comment on	and comment on	between an		





					The many states and the states are states as the states are states as the states are states as the states are states are states as the states are states are states as the states are state
including fish,	changes in the	changes in the	object and the	• I can name a	changes in the
amphibians,	seasons.	seasons.	material it is made	variety of	seasons.
reptiles birds and	 I can name the 	• I can name the	from.	common wild and	 I can name the
mammals.	seasons and	seasons and	• I can explain the	garden plants.	seasons and
 I can classify 	suggest the type	suggest the type	materials that an	 I can name the 	suggest the type
and name animals	of weather in	of weather in	object is made	petals, stem, leaf	of weather in
by what they eat	each season	each season.	from.	and root of a	each season.
(carnivore,			• I can name	plant.	
herbivore and			wood, plastic,	 I can name the 	
omnivore).			glass, metal,	roots, trunk,	
I can sort			water and rock.	branches and	
animals into			 I can describe 	leaves of a tree.	
categories			the properties of	• I can name a	
(including fish,			everyday	variety of animals	
amphibians,			materials.	including fish,	
reptiles, birds and			• I can group	amphibians,	
mammals).			objects based on	reptiles birds and	
 I can sort living 			the materials they	mammals	
and non-living			are made from.		
things.					
 I can name the 					
parts of the					
human body that I					
can see.					
 I can link the 					
correct part of the					





	human body to					
	each sense					
	Working	Working	Working	Working	Working	Working
	Scientifically	Scientifically	Scientifically	Scientifically	Scientifically	Scientifically
	 I can identify 	 I can gather and 	 I can gather and 	 I can identify 	 I can identify 	• I can gather and
	and classify	record data to	record data to	and classify	and classify	record data to
	• I can use simple	help in answering	help in answering	• I can gather and	 I can gather and 	help in answering
	equipment to	questions	questions	record data to	record data to	questions
	observe closely	• I can ask simple	 I can ask simple 	help in answering	help in answering	• I can ask simple
		questions and	questions and	questions	questions	questions and
		recognise that	recognise that	• I can ask simple	• I can ask simple	recognise that
		they can be	they can be	questions and	questions and	they can be
		answered in	answered in	recognise that	recognise that	answered in
		different ways	different ways	they can be	they can be	different ways
		• I can use my	 I can use my 	answered in	answered in	• I can use my
		observations and	observations and	different ways	different ways	observations and
		ideas to suggest	ideas to suggest	• I can use my	• I can use my	ideas to suggest
		answers to	answers to	observations and	observations and	answers to
		questions	questions	ideas to suggest	ideas to suggest	questions
				answers to	answers to	
				questions	questions	
	Computing	Creating Media –	Creating Media –	Data and	Programming A –	Programming B -
Computing	Systems and	Digital Painting –	Digital Writing	Information –	Moving a Robot	Introduction to
	Networks –			Grouping Data		Animation





Technology	Illustrations for	 I know that 	 I know that 	• I can recall	 I know what a
Around Us	their instructions	keyboard is used	objects can be	words that can be	sprite is
• I can	 I know and can 	to enter text into	counted	enacted	 I know what a
understand	explain what	a computer	 I know that 	 I know and can 	background is
technology is	different freehand	 I know that the 	information can	explain what a	 I know that a
something that	tools do	shift key changes	be presented in	given command	programming
helps us	 I recognise 	the output of a	different ways	does	block is an
• I can give	computers can be	key	 I know that 	 I can match a 	instruction
examples of how	used to create art	 I know that text 	objects can be	command to an	 I how to use
technology help	 I recognise a 	can be changed	grouped by	output	programming
us	tool can be	and edited	similarities/	 I understand 	blocks to use,
• I can name the	adjusted to suit	 I know that the 	attributes	that a program is	modify and create
main parts of a	my need	appearance of	 I know objects 	a set of	programs
computer: mouse	 I can consider 	text can be	have many	commands that a	 I know what an
trackpad, screen,	the impact of	changed	different labels	computer can run	algorithm is
keyboard and	choices I made		that can be used	I know that a	 I how to move
know their			to put them into	series of	characters on-
functions			groups	instructions can	screen using
 I know what the 			 I know that an 	be issued before	commands
save icon looks			object can fit into	they are enacted	• I compare
like and that this			more than one	 I know what the 	ScratchJr to Bee-
is used in many			group	buttons on a floor	Bots
programmes			• I know	robot do	 I know that
• I know following			computers are not	 I know what the 	some blocks on
the rules to keep			intelligent, and	direction	ScratchJr have
safe and healthy			require input from	command, clear	





when using			humans to	memory and run	numbers
technology in and			perform tasks	program button	underneath them
beyond the home				do	• I know how
and the benefits				• I can use	changing the
of these				directional	values effects a
 I recognise that 				language such as:	block
choices are made				forwards,	• I know that a
when using				backwards, turn	project can
technology				left, turn right,	contain more than
				stop	one sprite
				 I know that 	 I know that each
				there is more than	sprite has its own
				one way to solve a	programming area
				problem	
Disciplines	Disciplines	Disciplines	Disciplines	Disciplines	Disciplines
 To identify and 	 To decide when 	 To use letter, 	 To identify 	 To enact a given 	 To find and use
locate examples	it's appropriate to	number and space	some attributes of	word	commands to
of technology	use each tool	keys to enter text	an object	 To predict the 	move a sprite
 To use a mouse 	• To create a	• To use	To collect	outcome of a	• To compare two
to click and drag	picture using	punctuation and	simple data	command on a	different planning
 To switch a 	freehand tools	special characters	 To show that 	device	tools
computer on	 To use shape 	 To select text 	collected data can	 To list which 	 To join blocks
 To log into a 	and line tools	 To use the 	be counted	commands can be	together
computer	when precision is	backspace key to	• To describe the	used on a given	• To use a start
	need	remove text	properties of an	device	block in a program
			object		





• To use a mouse	To change the	To position the	To choose an	• To run a	• To run a
to open a	colour and brush	text cursor in a	attribute to group	command on a	program
program	size	chosen location	objects by	floor robot	 To add
 To use a mouse 	 To use a range 	 To use undo 	• To group	• To choose a	backgrounds
to create a picture	of paint colours	 To choose 	objects to answer	command for a	 To know how to
 To click and 	 To use the fill 	options to achieve	questions	given purpose	delete sprites
drag to make	tool to colour an	a desired effect	 To explain that 	• To choose a	 To follow given
objects on a	enclosed area	 To change the 	objects can be	series of words	algorithms to
screen	 To use the undo 	appearance of	grouped by	that can be	create simple
 To type my 	button to correct	text	similarities	enacted as a	programs
name on a	a mistake		 To describe a 	program	 To find blocks
computer	 To combine a 		group of objects	• To choose a	that have
 To save my 	range of tools to		based on	series of	numbers
work to a file	create a piece of		commonality	commands that	 To change
 To open work 	artwork			can be run as a	values on a block
from a file	 To compare 			program	 To say what
 To use arrow 	painting using a			• To build a	happens when
keys to move the	computer with			sequence of	they change a
cursor	painting using			commands in	value
 To delete letters 	brushes			steps	 To add blocks to
				To combine	sprites
				commands in a	 To choose
				program	appropriate
				• To run a	artwork for my
				program on a	project
				device	





				To match an	To decide how
				outcome to a	each sprite will
				command	move
				 To follow an 	• To create an
				instruction	algorithm for each
				 To give 	sprite
				directions	• To test the
				 To start a 	programs I have
				sequence form	created
				the same place	
				 To experiment 	
				with turn and	
				move commands	
				 To explain what 	
				my program	
				should do	
				 To debug my 	
				program	
				 To plan two 	
				programs to get	
				to the same place	
	Weather/ Extreme Weather (Links	to Science over the acad	emic year)		
	Lundaustand the difference between				
Geography	• I understand the difference between	een Climate and Weathei			
	• I can identify weather symbols	diam.mtiam at			
	• I understand that weather can ca	use disruption – extreme	weather		





- I can compare different types of weather
- I can categorise types of weather in different ways

Disciplines

• To identify seasonal and daily weather patterns in the United Kingdom

Mapping the	England/ Scotland	London/	Our School
World – The		Edinburgh	
United Kingdom	I can compare		 I can summarise the geographical
	England's location	• I can show on a	location of STM.
• I can identify a	with the location	map: The River	I can explain some of the features of
globe	of other counties	Thames, Tower	the surrounding area of STM.
• I can explain	in the UK	Hill, Hampstead	I can compare and contrast the
what maps are	 I can identify 	Heath, Highgate	location of STM with STE. What's the
and why they are	the border	Hill, Parliament	same/different?
used	countries of	Hill.	I can compare and contrast the
 I can describe 	England/ Scotland	 I can point out 	physical features of our school with a
what an atlas is	 I can classify 	some important	village school nearby (Geddington)
used for	different physical	landmarks on a	 I can explain the reasons why STM
 I know what 	features in	map of London.,	may have been built in this location.
countries make up	England, giving	• I can compare	I can compare and contrast a map of
the United	examples and	and contrast the	the school area with a satellite image.
Kingdom and	compare these	types of	
point out the	with Scottish	businesses found	
differences	features	in Canary Wharf	





between Great	• I can compare	and Tower	
Britain, the United	and contrast the	Hamlets	
Kingdom and the	populations of the	• I can explain	
British Isles.	countries in the	why Edinburgh	
 I can identify 	UK	has hills	
and name the	 I can point out 	• I can compare	
Union Flag	areas of the world	and contrast the	
• I can summarise	that have high	location of	
the geographical	numbers of	London with	
location of the	people leaving as	Edinburgh	
United Kingdom	refugees	• I can group	
		buildings and	
		transport in	
		London and	
		Edinburgh	
Disciplines	Disciplines	Disciplines	Disciplines
• To ask and	 To ask and 	 To ask and 	 To ask and answer geographical
answer	answer	answer	questions (such as: What is this place
geographical	geographical	geographical	like? What or who will I see in this
questions (such	questions (such	questions (such	place? What do people do in this
as: What is this	as: What is this	as: What is this	place?)
place like? What	place like? What	place like? What	 To use basic geographical vocabulary
or who will I see in	or who will I see in	or who will I see in	to refer to: key physical features,
this place? What	this place? What	this place? What	including: beach, coast, forest, hill,





			TRIUMPH
do people do in	do people do in	do people do in	mountain, ocean, river, soil, valley,
this place?)	this place?)	this place?)	vegetation and weather.
 To identify the 	 To use basic 	 To use basic 	 To use aerial images and plan
key features of a	geographical	geographical	perspectives to recognise landmarks
location in order	vocabulary to	vocabulary to	and basic physical features.
to say whether it	refer to: key	refer to: key	 To use basic geographical vocabulary
is a city, town,	physical features,	physical features,	to refer to: key human features,
village, coastal or	including: beach,	including: beach,	including: city, town, village, factory,
rural area.	coast, forest, hill,	coast, forest, hill,	farm, house, office and shop.
 To use world 	mountain, ocean,	mountain, ocean,	
maps, atlases and	river, soil, valley,	river, soil, valley,	
globes to identify	vegetation and	vegetation and	
the United	weather.	weather.	
Kingdom and its	• To name, locate	 To use simple 	
countries.	and identify	fieldwork and	
 To use basic 	characteristics	observational	
geographical	two countries and	skills to study the	
vocabulary to	capital cities of	geography of the	
refer to: key	the United	school and the	
physical features,	Kingdom and its	key human and	
including: beach,	surrounding seas.	physical features	
coast, forest, hill,	 To use aerial 	of its surrounding	
mountain, ocean,	images and plan	environment.	
river, soil, valley,	perspectives to	 To use basic 	
vegetation and	recognise	geographical	
weather.	landmarks and	vocabulary to	





	 To use aerial 	basic physical	refer to: key		
	images and plan	features.	human features,		
	perspectives to		including: city,		
	recognise		town, village,		
	landmarks and		factory, farm,		
	basic physical		house, office and		
	features.		shop.		
			 To identify land 		
			use around the		
			school.		
			 To use aerial 		
			images and plan		
			perspectives to		
			recognise		
			landmarks and		
			basic physical		
			features.		
	Personal History		Victorians – What	Toys - Changes	Kings and Queens
	- How has my life		was life like as a	in living memory	
	changed?		Victorian school		<u>Changes within</u>
History			child?	Changes within	living memory
, ,	Changes within			living memory.	Queen Elizabeth
	living memory		Changes within	 Toys today 	II platinum Jubilee
	 Ordering their 		living memory	Family	Death of Queen
	life and what they			Favourites	Elizabeth II and





looked like and	Victorian	• Early 20 th	Accession of King
what happened	schools	Century	Charles III
		 Victorian Toys 	
	The lives of	Important	To match
	<u>significant</u>	Changes	objects to people
	individuals in the	Toy Boxes	of different ages
	past who have		To identify
	contributed		similarities and
	to national and		difference
	international		between ways of
	achievements.		life in a different
	Queen Victoria		period
			To know that
	<u>Significant</u>		England has been
	historical events,		ruled by Kings and
	people and places		Queens for many
	in their own		years
	<u>locality</u>		To find out
	Children		about the past
	working		from a range of
			sources of
			information
			The lives of
			significant
			individuals in the





			past who have contributed to national and international achievements. • Queen Elizabeth II • Henry VIII • Richard III	
Disciplines	Disciplines	Disciplines	Disciplines	Disciplines
 I know how to put three objects in chronological order. I know how to use phrases like: old, new and a long time ago. Place some basic events onto a timeline and use this to support the 	·I know the names of some sources of evidence e.g photos, objects ·I know how to recognise and make simple observations about who was important e.g. talk about important places and who	·I know how to put three objects in chronological order. ·I know how to use phrases like: old, new and a long time ago. ·Place some basic events onto a timeline and use this to support the	·I know the names of some sources of evidence e.g photos, objects ·I know how to recognise and make simple observations about who was important e.g. talk about important places and who	





	_			
retelling of past	was important	retelling of past	was important	
events.	and why.	events.	and why.	
	·Begin to	·I know the main	·Begin to	
	understand why	differences	understand why	
	events being	between old and	events being	
	studied are	new objects	studied are	
	important.	·Develop a sense	important.	
	· Use pictures and	of time and how	Place some	
	photographs to	fast things change	basic events onto	
	extract some	(eg. differences	a timeline and use	
	information about	between changes	this to support the	
	the past.	in their / their	retelling of past	
	·Begin to	parents / their	events.	
	recognise some	grandparent's	Develop a sense	
	ways we find out	lifetimes).	of time and how	
	about the past	I know how to	fast things change	
	e.g. using	make simple	(eg. differences	
	artefacts,	observations	between changes	
	pictures, stories	about different	in their / their	
	and websites.	types of	parents / their	
	·I know how to	people.	grandparent's	
	communicate my	·Start to think	lifetimes).	
	understanding of	about the reasons	·I know how to	
	the past in a	why things might	make simple	
	variety of ways.	change (eg.	observations	
	, ,	improvements in		





	·I know similarities	technology /	about different	
	and differences	making life easier	types of	
	between different	/ more fun).	people.	
	ways of life at	·With support, I	·I can place some	
	different times.	know how to	basic events onto	
	·I know how to	identify a primary	a timeline and use	
	make simple	source and	this to support the	
	observations	comment on what	retelling of past	
	about different	it shows.	events.	
	types of	·I can suggest		
	people.	simple questions		
	·I know how to	to ask		
	ask and begin to	about a primary		
	answer questions	source.		
	about events e.g.	·I can suggest		
	When? What	simple answers or		
	happened? What	questions about		
	was it like?	sources or		
	Why? Who was	artefacts.		
	involved?			
	·Sort pictures /			
	objects / events			
	into 'old' and			
	'new'.			
	·Begin to			
	recognise			





		different ways we		
		can learn about		
		the past (eg. from		
		images, objects,		
		stories, first-hand		
		witnesses).		
		LS Lowry	Drawing	Sculpture
		• To learn about	 Name different 	 To know that
		the work of a	types of lines	sculptures can be
		range of artists,	Vertical,	made out of lots
		craft makers and	horizontal, zigzag,	of different
		designers,	curve, spiral,	materials.
		describing the	curly, shape, dot,	 Old sculptures
		differences and	broken, diagonal,	were typically
		similarities	wavy, cross	created from
Λ		between different	hatching	stone, wood, clay
Art		practices and	 Know about the 	and bronze
		disciplines in the	work of famous	casting.
		context	Piet Mondrian.	 Modern
		of comparing	Piet Mondrian	sculptures can be
		works by LS Lowry	was a painter. He	made of a variety
		• I can paint a	painted using	of materials.
		seascape using	simple lines,	 Sculpture can
		colours I have	shapes and blocks	use nature to
		mixed.	of colour.	create a piece of
			Mondrian always	art work.





	• I can paint a	mixed his own	• Andy
	background.	colours. He added	Goldsworthy is an
	• I can draw	black to create a	artist who uses
	buildings to use in	darker shade and	natural materials
	my Lowry City	white to create a	such as leaves and
	Collage.	lighter shade.	stones to create
	• I can draw		site-specific
	matchstick figures	Learn about	sculptures that
	• I can make a	African patterns.	reflect a
	Lowry City Collage	African art uses	relationship
	and use good	bright, bold	between the
	scissor skills	colours and	materials and
		geometric –	their
		patterns that use	surroundings.
		zigzags,	 Use natural
		chequerboard,	materials found in
		curved lines,	the forest such as
		spirals and circles.	leaves, twigs and
			stones.
			 To explore the
			work of Tim Noble
			and Sue Webster
	Disciplines	Disciplines	Disciplines
	Select thick and	Experiment with	 Manipulate
	thin paintbrushes	pencils, felt tip	malleable
	for purpose		materials in a





1	Т	Т	T	1
		Create a colour	pens, chalk and	variety of ways i.e.
		wheel	crayons.	rolling, joining and
		 Combine two 	 Draw lines of 	kneading
		colours of paint	different thickness	 Use joining
		 Combine collage 	and shapes.	techniques of
		and paint	 Describe shapes 	gluing, pins,
			and patterns	staples and
			created.	threading
			 Draw from 	Work with
			memory and	others to create a
			observation.	group piece of
				artwork using
				recycled
				materials.
				 Communicate
				reasons, thoughts,
				observations and
				feelings.
				 Create models
				using recycled
				materials.
				 Explore and
				experiment with
				other sculpting
				materials.





	Mechanisms -	Textiles - Puppets	Food and	
	Making moving	To know which	Nutrition -	
	story book	are the best ways	Fruit and	
	• To know that a	to combine	Vegetables	
	mechanism is the	materials.	Know and	
	parts of an object	To know what a	understand that	
	that move	puppet is, what	clean hands	
	together	forms they take	prevent the	
	• To know that a	and how they	spread of germs.	
	slider mechanism	work.	Understanding	
Design	moves an object	To know that	the difference	
Technology	from side to side	'joining technique'	between fruits	
	• To know that a	means connecting	and vegetables	
	slider mechanism	two pieces of	To understand	
	has a slider, slots,	material together	that some foods	
	guides and an	To know that	typically known as	
	object	there are various	vegetables are	
	 To know that 	temporary	actually	
	bridges and	methods of	fruits (e.g.	
	guides are bits of	joining fabric by	cucumber)	
	card that	using staples. glue	To know that a	
		or pins	blender is a	





pu	urposefully	To understand	machine which
res	strict	that different	mixes ingredients
		techniques for	together into a
		joining materials	smooth liquid
		can be used for	To know that a
		different purposes	fruit has seeds
		To understand	and a vegetable
		that a template	does not
		(or fabric pattern)	To know that
		is used to cut out	fruits grow on
		the same shape	trees or vines
		multiple times	To know that
		To know that	vegetables can
		drawing a design	grow either above
		idea is useful to	or below ground
		see how an idea	To know that
		will look	vegetables can
			come from
			different parts of
			the plant (e.g.





				roots: potatoes,		
				leaves: lettuce,		
				fruit: cucumber)		
	Disciplines	Disciplines		Disciplines		
	 Explaining how 	Using a		 Chopping fruit 		
	to adapt	template to		and vegetables		
	mechanisms,	create a design for		safely to make a		
	using bridges or	a puppet		smoothie		
	guides to control	 Cutting fabric 		 Identifying if a 		
	the movement.	neatly with		food is a fruit or a		
	Designing a	scissors		vegetable		
	moving story book	 Using joining 		 Learning where 		
	for a given	methods to		and how fruits		
	audience.	decorate a puppet		and vegetables		
	 Following a 	 Sequencing 		grow		
	design to create	steps for				
	moving models	construction				
	that use levers					
	and sliders.					
	Hey! You.	Rhythm in the	In the groove	Round and round	Your imagination	Reflect, rewind
	Listen & Appraise	way we walk and	Listen & Appraise	Listen & Appraise	Listen & Appraise	and replay
Music	– Hip Hop songs	banana rap	 Different styles 	– Latin American,	songs about	Listen & Appraise
1710.510	Rap and sing the	Listen & Appraise	of music – Blues,	Jazz and Film	using your	– Western
	song Hey You in	 Reggae and Hip 	Latin, Folk, Funk,	music Pulse,	imagination	Classical Music,
	two groups	Нор	Baroque, Bhangra	rhythm, pitch,		African music





	Move in time with	Pulse, rhythm,	Pulse, rhythm,	tempo and	Pulse, rhythm,	Identify
	the pulse	pitch	pitch and tempo.	dynamics	pitch, tempo and	instruments when
	Copy clapping	Vocal warm ups	Recognising and	Playing untuned	dynamics	listening to music
	rhythms	Action songs and	exploring making	percussion music,	Sing the song Your	Play tuned
		raps	different sounds	following a	Imagination in	percussion
			with untuned	conductor	two group.	instruments
			percussion	Improvising own	Compose our own	Use dot notation
			instruments	rhythms	class song Your	for rhythms
					Imagination	
	Fundamentals	Gymnastics	Dance	Ball skills	Target Games	Yoga
	 To look ahead 	To use different	• To count evenly	• To use soft	• To keep my	 To match the
	when I land.	body parts to	to the beat.	touches with my	eyes on the	poses to the story.
	To show hoping	travel on.	• To use counts of	hands to keep	target.	• To breathe as I
	and jumping	 To use high and 	8 to help me stay	good control.	• To use my	hold my poses to
	movements with	low levels to	in time with the	• To use wide	opposite hand to	help me to stretch
	soft bent knees.	travel.	music and others.	fingers to move	point at the	further and stay
	• To keep a	• To squeeze my	• To use a change	the ball.	target.	balanced.
PE	steady breath.	muscles to make	of direction and	• To keep my	 To stand with 	• To stretch a
	• To move my	them feel hard	speed to make my	eyes on the	my legs split,	little further each
	arms faster to	and tense when in	dance look	target.	opposite leg to	breath.
	help me to move	a shape.	interesting.	• To keep my	throwing arm	 To focus on
	forward quickly.	• To be as still as	• To use clear	knees bent and	forwards.	something still.
	To run on the	a statue in my	actions to help to	body low.	To time the	 To use my
	balls of my feet.	balance.	tell the story.	 To release the 	release of the	breath to help me
	To decide which			ball when my	throw.	to remain stable.
	direction I am			fingertips are		





going to move	 To hold my 	• To use	pointing at my	• To face my body	• To concentrate
into.	balances for 5	expression to help	target.	and target arm	on breathing
 To move my 	seconds.	to tell the story.	 To stand with 	towards the	whilst in the pose.
feet to change	 To squeeze my 	 To draw the 	my legs split (one	target	 To focus on
direction.	muscles so that	shape of the	in front of the	(underarm).	something still
 To push off in a 	they feel hard.	pathway as I	other).	 To face my body 	when balancing.
new direction,	 To bend my 	travel.	• To use wide	side-on (overarm).	 To hold each
staying on	knees when	 To use levels to 	fingers to control	 To high-5 the 	pose for three
balance.	landing.	make my dance	the ball.	sky to 'stick' the	breaths in and
 To land on the 	 To keep looking 	look interesting.	• To use a ready	throw.	out.
balls of my feet to	straight ahead	 To change your 	position with	 To know the 	
stay balanced.	when landing.	facial expression	knees bent, feet	beanbag starts by	
 To move from 	 To keep in the 	to represent the	shoulder width	my ear (overarm).	
one foot to	same shape	theme.	apart, on my toes.		
another with soft	throughout the	 To jump heavily 	• To use wide		
bent knees.	roll.	to show that you	fingers with little		
 To swing my 	 To use a starting 	are jumping in a	fingers together		
arms to help me	and finishing	puddle.	(hands-down		
move forwards.	position.		position).		
 To bend my 	 To use rolls, 		 To keep the ball 		
knees to jump and	jumps, balances		close to me		
land.	and travelling		(under my nose).		
• To count in time	movements in my		• To keep my		
to the beat	sequence.		head up.		
1,2,3,4.			• To use both feet		
			to move the ball.		





• To keep my			To use different		
body upright.			parts of my foot		
• To keep my			(sole, toe, heel,		
body upright.			inside, outside).		
To lift the rope			 To adjust my 		
over my head to			body, so that it is		
my feet.			in line with the		
• To turn the rope			ball.		
from my wrists.					
Disciplines	Disciplines	Disciplines	Disciplines	Disciplines	Disciplines
• I can change	• I am confident	I am beginning	I am beginning	• I can recognise	• I can recognise
direction when	to perform in	to use counts.	to catch with two	changes in my	how yoga makes
moving at speed.	front of others.	• I can copy,	hands.	body when • I do	me both feel
• I can recognise	• I can link simple	remember and	I am beginning	exercise.	physically and
changes in my	actions together	repeat actions.	to dribble a ball	• I can use an	mentally.
body when • I do	to create a	• I can move	with my hands	overarm throw	• I can remember
exercise.	sequence.	confidently and	and feet.	aiming towards a	and repeat
• I can run at	• I can make my	safely.	I am beginning	target.	actions, linking
different speeds.	body tense,	• I can use	to understand	• I can roll a ball	poses together.
I can select my	relaxed, stretched	different parts of	simple tactics.	towards a target.	• I can say what I
own actions in	and curled.	the body in	I can roll and	• I can use an	liked about
response to a	• I can recognise	isolation and	throw with some	underarm throw	someone else's
task.	changes in my	together.	accuracy towards	aiming towards a	flow.
• I can show	body when • I do	I can work with	a target.	target.	• I can show an
hopping and	exercise.	others to share			awareness of





			T	1	T	T		
	jumping	• I can remember	ideas and select	 I can say when 	• I can work co-	space when		
	movements.	and repeat actions	actions.	someone was	operatively with a	travelling.		
	• I can work co-	and shapes.	• I choose	successful.	partner.	 I can work with 		
	operatively with	• I can say what I	appropriate	• I can track a ball	 I understand 	others to create		
	others to	liked about	movements for	that is coming	what good	poses.		
	complete tasks.	someone else's	different dance	towards me.	technique looks			
	I show balance	performance.	ideas.	• I can work co-	like			
	and co-ordination	• I can use	• I say what I liked	operatively with a				
	when static and	apparatus safely	about someone	partner.				
	moving at a slow	and wait for my	else's					
	speed.	turn.	performance.					
			• I show some					
			sense of dynamic					
			and expressive					
			qualities in my					
			dance.					
	Module 2 Created to Love others (8		Module 3 Created	Module 1 Created and Loved by God (18 weeks)				
PSHE	weeks)		to live in					
Ten:Ten			Community (4					
			weeks)					
	Disciplines							
Ten:Ten	Listen		Express		Act			
	Listen to others and take		Express themselves in a variety		 To act accordingly if they see an 			
	account of their thoughts and feelings.		of ways.		injustice.			
			OI Ways.		injustice.			





 Respect oth 	ers.
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- Recognise their own feelings.
- Recognise bullying.
- Listen to help from others.
- Describe how they are feeling.
- Explain what bullying is and how they can help someone.
- Verbalise why they are special and unique.
- Express their choices.
- Explain how they learn best.
- Express when they feel frightened.
- Ask for help if needed.
- How it feels to be part of a family.
- Why they enjoy learning.
- Suggest ways to manage change.

- Support others to make the right choices.
- Show helpful behaviours in the setting.
- Help someone if they are being bullied.
- Show joy in making new friends.
- Celebrate and achievement with a friend.
- Make healthy choices food, sleep.
- Look after themselves when they feel poorly.
- Be a good friend.
- Say 'no' when required.